

KNOW YOUR RISK FOR PROSTATE CANCER

The **Prostate Health Equity Project**, led by the **Medical College of Wisconsin** through the **Greater Milwaukee Foundation's Health Equity Initiative**, is committed to addressing prostate cancer disparities among Black men.

WHAT TO KNOW

- **Prostate Cancer** the **most diagnosed cancer** among Black men.
- **1 in 6 Black men** will be diagnosed with prostate cancer (compared to 1 in 8 white men) and are **twice as likely to die from it**.
- **Screening is simple:** A **PSA blood test** can detect early signs of prostate cancer when it is most curable - **no rectal exam required**.
- **Prostate cancer is a family disease:** Over **50% of cases** are linked to inherited factors that run in families.
- **Systemic inequities** contribute to higher risks and worse outcomes for Black men.

WHAT TO DO

- **Talk to Your Doctor:** Ask about prostate cancer screening starting at age 40–45, especially if you have a family history.
- **Hold a Family Meeting:** Discuss and record your family's cancer history.
- **Move Your Body:** Regular physical activity can lower your risk and improve survival rates.

EARLY DETECTION MATTERS

Information provided by the Prostate Cancer Foundation

LEARN MORE & TAKE ACTION [PCF.ORG/KNOWYOURRISK](https://www.pcf.org/knowyourrisk)

